Woodthorpe Primary School

Woodthorpe Online Safety Newsletter

Fake News and Misinformation

Children are exposed to so many online sources of information and it can be challenging at times to identify the truth. Within school, we encourage children to confirm the information that they read by using additional sources and websites. It is also important to encourage children to check with a trusted adult if they are unsure about anything. This week marks Safer Internet Day too, so when discussing this with your children, remember to encourage them to ensure that the information they read is always from a reputable company or website.

Screen Time

We all understand and see the benefits of our children utilising online devices to connect with friends, learn new skills and explore the world. However, it is important to recognise the risks accompanied with higher screen times: spending too much time looking at screens can impact sleep cycles, development and even mental health. As a result of this, it is important to encourage our children to take regular breaks from using their devices and balance their screen time. Parent controls have also been developed so that screen time can be managed.

Woodthorpe Online Safety Poster- Ten Top Tips to Stay Safe Online

This week we recognised the annual 'Safer Internet Day' on the 6th of February, which we use as a timely update for children and to support their online habits. The tips below are those that we continually reinforce within school:

Online Safety
Top Ten Tips to Stay Safe Online

1. Do not share your personal information

2. Only talk to people that you know.

3. Don't meet up with anyone you have only met online.

4. Only accept friend requests from people you know personally.

5. Always think carefully about what you post.

6. Make use of the privacy settings on all of your social media accounts.

7. Remember that not everyone is who they say they are.

8. Report inappropriate content immediately.

9. Only share images that you'd be comfortable with your friends and family seeing.

10. Never share your passwords.

For more information or support, please do not hesitate in speaking to Miss Arnett, our computing lead.